🧒 Keeping Your Child Safe Online

A Parent's Tip Sheet for Roblox, Snapchat & TikTok

This tip sheet focuses on the highly popular Apps **Roblox, Snapchat & TikTok** and provides **simple, effective steps** you can take **today** to help your child stay safe **without cutting them off from their digital world**.

🕹️ Roblox – Online Games & Virtual Worlds

🚩 Risks:

- Strangers can send messages or friend requests
- Some games include adult or scary content
- Robux (game currency) spending adds up fast
- In-game chat can be misused

✅ What You Can Do:

- Turn on **"Account Restrictions"** in settings (limits content)
- Use a **Parent PIN** to lock safety settings
- **Disable chat** unless your child needs it
- Monitor their **game list** and **friend requests**

👻 Snapchat – Disappearing Messages

🚩 Risks:

- Messages disappear quickly — hard to monitor
- "Snap Map" shares your child's live location
- Peer pressure from streaks, sexting or bullying
- Strangers can message your child unless restricted

✅ What You Can Do:

- **Enable Ghost Mode** to hide location
- Change privacy settings to **"Friends Only"**
- **Turn off Quick Add** (prevents random adds)
- Talk about responsible photo/video sharing

🎵 **TikTok – Short Videos, Big Influence**

🚩 **Risks:**

- Harmful trends or unsafe challenges
- Algorithm may suggest adult content
- Comments and likes can affect self-esteem
- Temptation to "go viral" adds pressure

✅ **What You Can Do:**

- Use **Family Pairing** to link your account
- Set **daily time limits** in the app
- Turn on **Restricted Mode** to filter content
- Disable **comments** on your child's posts

📱 **General Tips for All Devices**

- Use built-in parental controls (Screen Time or Google Family Link)
- Set **bedtimes for devices** and turn off notifications at night
- Turn off **in-app purchases**
- Check their **app downloads** regularly

💬 **How to Talk to Your Child**

- Ask open questions: *"What do you like most about TikTok?"*
- Praise good choices: *"Thanks for showing me how to block someone!"*
- Avoid blame — talk about working together
- Let them teach you! Show interest in their apps

🔗 **Trusted Websites**

- [Net Aware (NSPCC)](#) – App safety reviews
- [ThinkUKnow](#) – Videos and games about safety
- [Childline](#) – Support for young people
- Guernsey Schools' Online Safety Portal (check with your local school)

💡 **One Last Thing...**

You don't need to be a tech expert to keep your child safe online.
You just need to be involved. Curious. Supportive.

Even **one safety setting** or **one honest chat** can make a huge difference.